

# What You Can Compost



## Accepted










### Food

- Coffee Grounds/Filters 
- Moldy & Freezer-burned Food 
- Dairy & Egg Shells 
- Fried Food 
- Meat & Bones

- Fruit & Vegetables (no stickers) 
- Bread/Grains 
- Nuts/Seeds 
- Seafood/Shells 



### Non-Food

- Compostable Bags 
- Compostable Cups 
- Paper Napkin/Towels 
- Compostable Utensils 

- Tea Bags (no staple/ no synthetic) 
- Newspaper 
- Old Flowers (no rubber band) 

## Not Accepted

- Stickers: Fruit, Vegetables 
- Glossy Papers
- Tape
- Styrofoam 
- Plastic & Plastic Wrap 

- Twist Ties & Rubber Bands 
- Glass
- Metal: Staples (tea bags), Paper Clips, Etc. 



*This list is not all inclusive but can be used as a general reference.*

**For more information, please visit our website at:**  
[www.zerowastehoustontx.com](http://www.zerowastehoustontx.com)

